

**Community Mental Health Plan for Children and Youth:  
2015-2016 Reporting Template for Phase Two Lead Agencies**

**2015-16 Community Mental Health Plan for Children and Youth Template:**

**Section A: Community Engagement**

Please name the community partners you engaged and how they were engaged in the development of the CMHP.

Planning Tables, Community Committees and Coalitions

Every Kid In Our Communities

Lanark Planning Table

Mental Health and Addictions Coalition

Best Start Committee Leeds Grenville

Best Start Committee Lanark

Youth Justice Committee

Community Partner Meetings

Family and Children's Services of LLG

Catholic District School Board of Eastern Ontario

Upper Canada District School Board

RNJ Youth Services

Interval House of Leeds and Grenville

Interval House of Lanark

Beacon Homes

Ventures Group Home

Kelford Youth Services

Brockville Police

Smiths Falls Police

Ontario Provincial Police Lanark and Grenville detachments

Lanark Leeds and Grenville Mental Health and Addictions

Lanark County Mental Health  
South East Community Care Access Centre  
Champlain Community Care Access Centre  
Probation Services  
St. Lawrence Youth Association  
Connect Youth  
Ottawa Valley Family Health Team  
Upper Canada Family Health Team  
Country Roads Community Health Centre  
CHEO  
Royal Ottawa  
Health Unit of Lanark Leeds and Grenville  
Brockville General Hospital  
Kemptville District Hospital  
Carleton Place Memorial Hospital  
Perth and Smiths Falls District Hospital  
Brockville and District Association for Community Living  
Developmental Services of Leeds and Grenville  
Lanark Community Programs  
North Grenville Community Living  
Victim Services of Lanark, Leeds and Grenville  
Assault Response and Care Centre of Leeds and Grenville  
Lanark County Sexual Assault/Domestic Violence Program  
Dr. Van Stralen, Consulting Pediatrician  
Special Needs Strategy, Hotel Dieu Child Development Centre

#### Focus Groups

2 Family Engagement with help from Centre of Excellence  
2 Youth Engagement with help from the Centre of Excellence

#### Surveys

Youth and Families  
Assault Response & Care Centre

Brockville District and Area Community Involvement  
Big Brothers Big Sisters of Lanark County  
Big Brothers Big Sisters of Leeds and Grenville  
Brockville General Hospital  
Brockville Police service  
Carleton Place High School  
Carleton Place Hospital  
Catholic District School Board of Eastern Ontario  
Champlain Community Care Access Centre  
Child Development Centre - Hotel Dieu Hospital  
City of Brockville  
Community Living North Grenville  
Connect Youth  
Connections  
CORE Youth Services  
Country Roads Community Health Centre  
Dalhousie Lake Home for Youth  
Developmental services of Leeds and Grenville  
Family and Children's Service LIG  
Girls Incorporated of Upper Canada  
Holy Cross School  
Infant and Child Development Program  
Lanark Community Programs  
Lanark Community Programs - Autism Programs  
Lanark County Children's Services  
Lanark County Community Justice Program  
Lanark County Mental Health  
Lanark Leeds and Grenville Addictions and Mental Health  
Language Express Preschool Speech and Language  
Lawyer  
Leeds and Grenville Interval House  
Leeds Grenville and Lanark District Health Unit  
Ministry of Child and Youth Services

North Lanark CHC  
OEYC Leeds and Grenville  
Open Doors for Lanark Children and Youth  
OPP  
Parent(s) Lifelines of Eastern Ontario  
Pathways for Children and Youth  
Pediatrician  
Probation  
RNJ Youth Services  
SADV Advisory Committee  
SE region Infant hearing and Blind low vision  
SFDCI Secondary School  
Smiths Falls and District Centre for Youth  
St. Francis de Sales Catholic School  
St. Lawrence Youth Association  
The Child Development Centre  
The Children's Centre Ange Gabriel  
Upper Canada District School Board  
Victim Services Lanark County  
Victim Services of Leeds & Grenville  
Victim Witness Assistance Program  
Volunteer Centre of St. Lawrence Rideau  
YAK Youth Services & Lanark Highlands Youth Centre  
Youth Habilitation Quinte Inc. TAY Program

Community Mental Health Plan Advisory Committee – Meeting to set community priorities.

Presentations:

Community Partner Engagement Survey Results – Jessica Deschamp-Baird Data Analysis Coordinator United Counties of Leeds and Grenville  
Results from the Gap Analysis for Children's Mental Health Services in Lanark, Leeds and Grenville – Beth Kent System Transformation Project Manager

Community partners and youth representative present:

Carol Anne McNeil, Lanark Community Programs  
Claire Farella LLG Health Unit  
Ariella Zear, LLG Health Unit  
Bev Markell, Upper Canada Family Health Team  
Kate McGinnis LLG Family and Children's Services  
Genevieve Fincher, Brockville General Hospital  
Linda Peever, Brockville General Hospital  
Julia Shaw, Victim Services of Leeds and Grenville  
Teri Mullins, Lanark Community Programs, Lanark Best Start  
Laurie Dube, Lanark Leeds Grenville Addictions and Mental Health  
Mark Heffernan, Brockville Police  
David Murphy, CHEO  
Kerlous Tawdrous, Ontario Provincial Police  
Jaydon Turgeon, Youth Advisor Open Doors  
Steve Martin, Open Doors Director of Services  
Marty Crapper, Country Roads Community Health Centre  
Margaret van Beers, Special Needs Strategy Child Development Centre Hotel Dieu  
Sue Poldervaart, RNJ Youth Services  
Terrilee Kelford, Cornerstone Landing and Kelford Youth Services  
Margaret Fancy, Every Kid in our Communities  
Maxine Weber, Best Start Leeds and Grenville  
Barbara Landry, MCYS  
Lorena Crosbie, ED CMHLG  
Kevin Clouthier, ED Open Doors  
Kim Burson, Program Director CMHLG  
Brent Dalglish, Program Director CMHLG  
Christine Brook, Program Director CMHLG  
Sue Janson, Finance and Human Resources Director CMHLG

Community Town Hall to Share Priorities with the Greater Community

Presentation:

Lorena Crosbie, ED CMHLG

Kevin Clouthier, ED Open Doors  
Beth Kent, System Transformation Project Manager

Participants:

Steve Clark, MPP Leeds Grenville  
Randy Hillier, MPP Lanark  
Dagleish, Brent, CMHLG  
Robinson, Mitch, CMHLG  
Burson, Kim, CMHLG  
Woods, Cliff, Big Brothers, Big Sisters, Lanark  
Poldervaart, Sue, RNJ Youth Services  
Brook, Christine, CMHLG  
MacGillivray, Donna, UCDSB  
Bertrand, Erin, DSLG (Dev'l Services Leeds and Grenville)  
Halladay, Sheri, Community Justice  
Quinn, Michael, CMHLG  
McCleery, Kevin, CMHLG  
Frost, Esther, CMHLG  
Schokking, Samantha, CMHLG  
Guthrie, Joanne, LCP (Lanark Comm. Health Programs)  
Cooke, Sara, LCP  
Cooke, Tannia, LCP  
Porter, April, TheTable CFCC  
Landry, Barbara, MCYS  
Van Beers, Margaret, Hotel Dieu Hospital  
McGuire, Deb, North Lanark Comm. Health Centre  
Green, Daryl, Open Doors  
Markovich, Pat, CMHLG  
Hendy, Deb, SLYA (St. Lawrence Youth Assoc.)

CMHLG and Open Doors have worked fully in partnership throughout the entire process. A manager from Open Doors was seconded for 0.2FTE to help with the system transformation work and consultations.

## Section B: Current service provision and pathways to care

### Current Service Provision and Pathways to Care

Please complete the summary chart below describing targeted prevention activities and mental health services in the service area (n.b: this does not include core MCYS-funded child and youth mental health services which are captured through the CSDP).

Community Partner delivering service (include where the service falls on the continuum)	Description of service	Details of service			Describe the protocol/pathway if applicable (to and out of the MCYS community-based child and youth mental health sector)
		Geographic coverage	Age range	Specific population (e.g. Francophone, Aboriginal)	
<b>Children's Hospital of Eastern Ontario</b>  <b>Level 3 &amp; 4</b>	<b>Intensive Services</b> <b>Inpatient Services</b> -CHEO mental health has a total of 25 inpatient beds which are located on 6East and 6North units -19 beds are for inpatient psychiatry for the purpose of stabilization of children and youth who are experiencing acute psychiatric crisis	Champlain LHIN	12-16 years	English French	

	6 beds are for inpatient eating disorder for the purpose of stabilization of children and youth who are experiencing severe eating disorders.				
<b>Children's Hospital of Eastern Ontario</b>  <b>Level 3 &amp; 4</b>	<b>Crisis Services</b> <b>Emergency Services</b> -Provide emergency psychiatric, crisis intervention and urgent services in CHEO's Emergency Department	Champlain LHIN			
<b>Children's Hospital of Eastern Ontario</b>  <b>Level 2, 3 &amp; 4</b>	<b>Specialized Consultation and Assessment</b> <b>-Urgent Care Program</b> Provides assessment and consultation for children and youth who have urgent mental health needs such as suicidal behaviour, abrupt decrease in mood or functioning -Urgency or severity of need determines the priority for treatment -Patients are assessed and diagnosed by psychiatrists and psychologists with particular attention to	Champlain LHIN	15 years and younger	English French  French capacity for OTN is limited to 1 psychiatrist	Partnership agreement listed in CSDP



	<p>safety and risk</p> <p>-tele-mental health services provides the essential link to consultative and collaborative partnership for children/youth who require specialized psychiatric services</p> <p>There is a formalized referral process coordinated through Hands the Family.</p>				
<p><b>Champlain Community Care Access Centre-Mental Health and Addiction Nurses (MHAN)</b></p> <p><b>Level 3 &amp; 4</b></p>	<p><b>Specialized Consultation and Assessment</b></p> <p>Psychiatric nursing-expertise in managing complex diagnosis</p> <p>Initiate Tele-psychiatry</p>	Champlain LHIN	3-21 years registered at school (majority are high school age)	English French	District School Boards Informal partnership with hospitals and psychiatrists
<p><b>Champlain CCAC-Mental Health and Addiction Nursing</b></p>	<p><b>Youth /Family Mental Health Literacy</b></p> <p>Literacy around diagnosis, medication, short and long term coping strategies,</p>	Champlain LHIN	3-21 years Registered at	English French	Protocol agreement with District School Boards served in the region

<p><b>(MHAN Program)</b></p> <p><b>Level 1</b></p>	<p>other health conditions Capacity building for schools</p> <p><b>Prevention Programs</b> Incorporated through health literacy activities at individual client level based primarily on psychiatric diagnosis and other mental health conditions Some presentations to build capacity and knowledge in school boards (at request of individual school boards)</p>		<p>school (majority are high school age)</p>		
<p><b>Champlain CCAC-Mental Health and Addiction Nurses (MHAN)</b></p> <p><b>Level 2</b></p>	<p><b>Supportive short-term</b> - counselling offered – focus on health education and interventions</p>	<p>Champlain LHIN</p>	<p>3-21 years Registered at school (majority are high school age)</p>	<p>English French</p>	<p>District School Boards</p>
<p><b>Champlain Community Care Access Centre-Mental</b></p>	<p><b>Family/Caregiver Skill Building and Support</b> Health literacy activities in coping with youth mental</p>	<p>Champlain LHIN</p>	<p>3-21 years, regist</p>	<p>English French</p>	

<p><b>Health and Addiction Nurses (MHAN)</b></p> <p><b>Level 3 &amp; 4</b></p>	<p>health and addiction issues</p> <p>System navigation- This is a core role of the MHAN to assist students and families through system transitions</p> <p>Transition points highlighted by the school boards include-</p> <ul style="list-style-type: none"> <li>-Transition from inpatient/residential services to school/community services</li> <li>-Transition from home instruction to integrated classrooms</li> <li>-Transition from youth to adult services</li> <li>-Transition between services, waiting for services or during service interruption</li> </ul>		<p>ered in school (majority high school age)</p>		
<p><b>The Royal Ottawa Health Care Group</b></p> <p><b>Level 3 &amp; 4</b></p>	<p><b>Specialized Consultation and Assessment</b></p> <ul style="list-style-type: none"> <li>-Provide the essential link to consultative and collaborative partnerships for youth suffering from major psychiatric disorders who are living in the Counties</li> <li>-Interdisciplinary mental</li> </ul>	<p>Champlain LHIN</p>	<p>16-18 years</p>	<p>English French</p>	

	health team works in collaboration with the community in which the youth lives to ensure that specialized psychiatric services are available to him/her				
<b>The Royal Ottawa Health Care Group</b>  <b>Level 4</b>	<b>Inpatient Hospitalization Unit</b> -For youth with early onset major psychiatric disorders and/or complex and treatment resistant psychiatric illnesses -Provides comprehensive assessment, stabilization and treatment for youth who have a serious psychiatric illness and are unable to function in less supportive environments Unit offers intensive programming and support to help youth successfully transition back to their families and communities as quickly as possible -Access to service via CY-SPMHS intake and/or via CHEO 6 East transfer -Individual planning and	Champlain LHIN	16-18 years	English French	

	<p>goal setting, individualized treatment plans</p> <p>-An interdisciplinary team supports each youth and includes a psychiatrist, a psychologist, a social worker, nurses, CY counsellors, a recreation therapist, an addictions counsellor, an occupational therapist and a special education teacher</p> <p>8 bed program</p>				
<p><b>Catholic District School Board of Eastern Ontario</b></p> <p><b>Level 1</b></p>	<p><b>safeTALK Workshops</b></p> <p>Is intended as "suicide alertness" training. It teaches you to recognise persons with thoughts of suicide and to connect them to suicide intervention resources. It is designed for communities or organisations that already have ASIST trained helpers in place to maximise intervention as the main suicide prevention focus.</p> <p><b>Defeat Depression</b></p>				

	<p><b>Campaign</b> Partnering with the Mood Disorders Society of Canada, the Board is raising awareness, acceptance and understanding of mental health needs. Defeat Depression is mental health awareness, anti-stigma and fundraising campaign that provides hope and reduces stigma for people affected by depression and other mood disorders. The students participate in fundraising activities in their schools.</p> <p><b>Anti stigma- elephant in the room.</b> A blue elephant is a symbol that identifies to students safe places where they can talk about mental health issues</p> <p>All schools in CDSBEO are working to develop a strengths-based culture of practice where students are nurtured towards positive change. In order to</p>				
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	<p>accomplish this we are partnering with Resiliency Initiatives. Students participate in a survey designed around 31 Developmental Strengths which research indicates are key factors in building resiliency in an individual. Information from the resiliency survey is used to empower individuals and school teams to engage in, and better understand the strengths or skills that are essential for navigating life’s challenges and becoming healthy adults. School Resiliency Response Plans and Student Resiliency Action Plans are developed to utilize internal and external strengths to build student resiliency and Mental Health wellness.</p> <p><b>Fill Your Bucket Book and Activities Literacy Resources</b>  This simple picture book has become a basic</p>				
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	<p>teaching tool that encourages positive behaviour as children see how very easy and rewarding it is to express kindness, appreciation, and love on a daily basis. Children learn the meaning of the terms, bucket filling and bucket dipping and discover that when they fill someone's bucket, they fill their own.</p> <p><b>FRIENDS for life:</b> The FRIENDS programs are a series of Resilience programs. The programs aim to increase social and emotional skills, promote resilience, and preventing anxiety and depression across the lifespan. This program provides behavioural strategies to assist children, youths and adults in coping with stress and worry.</p> <p><b>Parent Involvement Committee</b></p>				
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	<p>The committee organizes discussions on various mental health topics in schools</p> <p><b>Programme WITS /LEADS</b>  The WITS Programs (<i>Walk Away, Ignore, Talk it Out, Seek Help</i>) bring together schools, families and communities to create responsive environments that help children deal with bullying and peer victimization. WITS has two components: the WITS Primary Program (Kindergarten - Grade 3) and the WITS LEADS Program (Grades 4 - 6).</p> <p><b>Roots of Empathy</b>  Evidence-based classroom program that has shown significant effect in reducing levels of aggression among schoolchildren by raising social/emotional competence and increasing empathy. The program reaches elementary</p>				
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	<p>schoolchildren from Kindergarten to Grade 8.</p> <p><b>Restorative practices/Proactive Circles / Restorative Leadership Team</b></p> <p>Restorative thinking involves moving from a consequence centered approach to a community building, positive response to challenging and difficult behaviours through dialogue, understanding, and repairing harm. Proactive circles become the foundation for this process as it encourages authentic dialogue and problem solving designed to create positive classrooms.</p> <p><b>Creating Communities of Peace</b></p> <p>An Administrative Resource document outlines how we respond as Catholics to situations involving bullying and inappropriate</p>				
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	<p>behaviour.</p> <p><b>Anti-bullying and community outreach mobile app</b></p> <p>The CDSBEO has partnered with In-Touch Mobile to develop an anti-bullying and community outreach app. It gives students and parents an avenue to quickly, conveniently and anonymously report incidents of bullying and victimization in schools. Once the concern is submitted, a report is generated (within 2 minutes) and forwarded via email to the school administrator(s) for investigation and follow-up.</p> <p><b>Triple- P</b></p> <ul style="list-style-type: none"> <li>-Open House offered to parents and students transitioning to grade 7.</li> <li>-Promotion of triple p website</li> </ul>				
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<b>Catholic District School Board of Eastern Ontario</b>  <b>Level 3 &amp; 4</b>	<b>Crisis Support Services</b> Crisis intervention that happens in the school re: suicide, violent threats; adverse events				Signed VTRA Violence Threat Risk Assessment Protocol Signed Community Suicide Prevention, Intervention, and Risk Review Protocol (listed in CSDP)
<b>Catholic District School Board of Eastern Ontario</b>  <b>Level 2,3 &amp; 4</b>	<b>Specialized Consultation and Assessments</b> -Psycho-educational assessments completed by Psychologist/psychometrist -Referrals to tele-mental health services				
<b>Catholic District School Board of Eastern Ontario</b>  <b>Level 1, 2</b>	<b>Family/Caregiver Skill Building and Support-</b> -Triple P parenting program open house for grade 7 parents -Promotion of Triple P through school newsletters -Checkered Flags document developed through Student Support Leadership Initiative provides teachers with information on early signs of mental health issues and provides strategies and list of community resources				

	Support staff assist families with making referrals to community agencies for counseling and other supports				
<b>Catholic District School Board of Eastern Ontario</b>  <b>Level 3 &amp; 4</b>	Mental Health and Addiction Worker provides clinical support to students in specialized classroom (Turning Points)				
<b>Upper Canada District School Board UCDSB</b>  <b>Level 1 &amp; 2</b>	<b>MyHealthMagazine /</b> offered in secondary schools -Gr 7 & 8: Bullying Prevention 30 Day Challenge -Gr. 9 & 10: Mental Illness: What is it (mental health literacy) -Grade 9 & 10: Stick to the Facts (intro to balanced thinking) -Grade 11 & 12: Making the Grade -Character education -Provide opportunities for development in many areas outside academics – sports, the arts, specialized	SDG Prescott-Russell Leeds-Grenville and Lanark County		English  Aboriginal youth living on or off reserve  There is an aboriginal worker in one of the secondary high schools in Cornwall to assist with programming/specific needs	

	<p>interests</p> <ul style="list-style-type: none"> <li>-Foster student leadership and support</li> <li>-Provide feedback and social learning opportunities on playground, in class, other areas</li> <li>-Mental health to be integrated in School and Board Success Plans</li> <li>-Assistance to schools in selecting helpful promotion activities</li> <li>-Safe Spaces / resources for mental health and sexual &amp; gender identity/preference</li> <li>-Link Crew / mentoring to assist transitions</li> </ul> <p><b>Targeted Prevention</b></p> <ul style="list-style-type: none"> <li>-School identifies blockages: (Regional) Student Success Team meetings bring forward students to discuss how to optimize their program , outside referrals</li> <li>-Breakfast clubs, nutrition programs</li> <li>-Groups / skill-building may be done on a school by</li> </ul>				
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	<p>school basis (e.g., Friends for Children, Circles of Intimacy, Girls Inc, PALS, Roots of Empathy, Incredible 5 Point Scale, Prepare Curriculum, Zones of Regulation, Goldstein Skill-streaming)</p> <p>-Some, but not universal approach, coping skills (e.g. Zones, MindMasters practice, Respect Ed)</p> <p>-Champions for Kids to provide funding to access recreation</p>				
<p><b>Upper Canada District School Board</b></p> <p><b>Level 2</b></p>	<p>Child Youth Workers in multiple secondary schools (and some elementary) to assist in crisis intervention, mental health promotion, referrals and motivation, and brief empathic problem solving</p> <p>-Access to Mental Health and Addiction Nurses (CCAC) to assist with transitions and medically complex (case management, family &amp;</p>				<p>Support staff refer families/youth to children's mental health services or make a recommendation to parents to self- refer</p>

	teacher education, brief empathic-problem solving)				
<b>Upper Canada District School Board</b> <b>Level 2</b>	-Skill building and provision of evidence based behavioral services by school board behaviourists -Child and Youth Workers in multiple secondary schools (and some elementary ) assist in referrals and motivation, and brief empathic problem solving -Access to MHAN to assist with transitions and medically complex (case management, family and teacher education, brief empathic problem solving				Special education staff refer to children’s mental health programs or assist families with referrals
<b>Upper Canada District School Board</b> <b>Level 2,3 &amp; 4</b>	<b>Specialized Consultation and Assessment</b> -Psycho-educational assessments completed by psychologist/psychometrist -Referrals to tele-mental health services for students not involved with children’s mental health services				



<p><b>Upper Canada District School Board</b></p> <p><b>Level 3 &amp; 4</b></p>	<p><b><u>Crisis Support Services</u></b> Crisis intervention that happens in the school re: suicide, coping after adverse events</p>				<p>Signed VTRA Violence Threat Risk Assessment Protocol Signed Community Suicide Prevention, Intervention, and Risk Review Protocol (listed in CSDP)</p>
<p><b>Lanark, Leeds and Grenville Addictions and Mental Health</b></p> <p><b>Level 1 &amp; 2</b></p>	<p><b>Mental Health Education and Awareness Promotion</b> - Funding to go into schools, colleges, and community events to promote awareness of mental illness, mental health, fight stigma, build tolerance and acceptance of those with an illness, what illnesses look like, and supporting friends/getting help if you think they (or you) may have a mental illness</p>	<p>All across tri-county area. High schools, colleges, community events, partnering with other groups that serve youth.</p>	<p>14+</p>		
<p><b>Lanark Leeds and Grenville Addictions and Mental Health</b></p> <p><b>Level 2,3 &amp; 4</b></p>	<p><b>Transitional Aged Youth Mental Health and Addictions</b> - supports youth who are transitioning from children's mental health services to adult mental health services in Leeds and Grenville in coordination with CMHLG</p>	<p>Leeds and Grenville</p>			<p>Memorandum of understanding between CMHLG and LLGMHA</p>

<p><b>Lanark, Leeds and Grenville Addictions and Mental Health</b></p> <p><b>Level 1 &amp; 2</b></p>	<p><b>Family Support Program</b> - Support for families in a one-on-one setting, family or a support group for families of those with a mental illness.</p>	<p>Brockville but may be offered at satellite offices in the future</p>			
<p><b>Lanark, Leeds and Grenville Addictions and Mental Health</b></p> <p><b>Level 2,3 &amp; 4</b></p>	<p><b>Addictions services</b> for all ages of children and youth</p>	<p>Lanark, Leeds and Grenville</p>			
<p><b>Lanark, Leeds and Grenville Addictions and Mental Health</b></p> <p><b>Level 2,3 &amp; 4</b></p>	<p><b>Provision of counselling and therapy (brief or longer) for those ages 16+</b> with a mental illness or mental health challenge. There are walk-in days at Brockville, Prescott, Kemptville, Gananoque, Delta, Smiths Falls and Lanark one day each week - no wait for a 1 hour consultation. If more help is needed/desired, go through centralized intake. If not going through open access, go through Centralized Intake and get counselling.</p>	<p>Lanark, Leeds and Grenville</p>			

<p><b>RNJ Youth Services</b></p> <p><b>Level 2, 3 &amp; 4</b></p>	<p><b>Rebound</b> - 8 week social skills program for youth 12-17, that are connected to the justice system from first police contact and beyond. May include other youth at risk referred by others (ie. probation)</p>	<p>Typically, Brockville and Smiths Falls but has been offered in other communities from time to time</p>	<p>12 to 17</p>		
<p><b>RNJ Youth Services</b></p> <p><b>Level 2,3 &amp; 4</b></p>	<p><b>Youth Mental Health Court Support and Diversion</b> - Youth Mental Health Court Worker establishes effective linkages between individual youth, the youth justice court, and appropriate mental health and youth justice resources and function as a short term "bridge" between these services for the purpose of support through the justice system and/or youth mental health diversion.</p>	<p>Lanark, Leeds and Grenville. Courts in Smiths Falls, Kemptville and Brockville.</p>	<p>youth</p>		
<p><b>RNJ Youth Services</b></p>	<p><b>Rebound Choices</b> - Partnership with LLGAMH who are provided core funding to deliver the</p>	<p>Various locations through LLG. Most</p>			

<p><b>Level 2 &amp; 3</b></p>	<p>program. They provide us with funding through agreement to deliver a portion of the program. Rebound Choices is a 10 week social skills program, with a focus on addiction and substance education. In partnership with LLGAMH and RNJ Youth Services. Program has an youth counselor who can meet one on one with youth participants and their family.</p>	<p>frequently offered in a school setting.</p>			
<p><b>RNJ Youth Services</b>  <b>Level 2 &amp; 3</b></p>	<p><b>Intersections</b> - We have received MCYS funding on a 3 month basis. Not annualized at this time. Intersections is an early intervention program that focuses on navigation and coordination of services for children and youth with suspected mental health, developmental disabilities and/or substance use issues, who are at risk of becoming justice involved. The aim is to improve well-being and reduce</p>	<p>Lanark, Leeds and Grenville</p>			

	involvement with police services.				
<b>YAK Youth Services</b>  <b>Level 1</b>	<b>Move It! After School Program and Summer Camps</b> - Funded primarily by the Ontario Ministry of Tourism Culture & Sport. The program provides at risk youth 10 to 18 with opportunities to engage in sport, healthy living, healthy eating and community engagement programs. Includes daily snack.	Perth	10 to 18		
<b>YAK Youth Services</b>  <b>Level 1</b>	<b>Youth Centre Drop in</b> - Safe, inclusive environment for youth to participate in a number of activities that build confidence, esteem and skills in a youth friendly atmosphere. Staff are present to act as mentors, talk one on one with youth, mitigate crisis and to provide referrals to the appropriate service providers.	Perth	youth		
<b>YAK Youth Services</b>	<b>Skills Link</b> - Funded through Service Canada. This is a paid employment readiness	Workshops in Perth. Youth are			

<p><b>Level 1</b></p>	<p>and life skills program for youth 18 to 26. Youth receive a stipend while participating in Employment based workshops and certification courses (First Aid, Smart Serve, Safe Food Handling, Mental Health First Aid, etc). Youth are then matched with employers in a career field of their choosing and receive a pay cheque while they gain work experience. YAK provides a staff person to follow up with the youth on a daily basis to ensure that the youth are succeeding in their placements and that they have the emotional support and mentoring that they need. Referrals are made for/with youth when issues and crises arise.</p>	<p>matched with work placements in their home communities anywhere in Lanark Leeds Grenville.</p>			
<p><b>St. Lawrence Youth Association</b></p>	<p><b>Community Support Team -</b> The CST offers intensive, short term and flexible support to 12-17 year old</p>	<p>The CST serves six county regions</p>			

<p><b>Level 3 &amp; 4</b></p>	<p>persons in conflict with the law. A range of individualized programs are offered based on their criminogenic needs as well as the youth and family's strengths and resources. The CST Specialists cover topics including emotion management, problem solving, life skills, crisis support, family support, substance use counselling, school and employment support, positive relationship building and other areas of need. Referrals are made by youth probation officers. The CST serves six county regions including: Hastings, Prince Edward, Lennox &amp; Addington, Frontenac, Lanark and Leeds &amp; Grenville.</p>	<p>including: Hastings, Prince Edward, Lennox &amp; Addington, Frontenac, Lanark and Leeds &amp; Grenville.</p>			
<p><b>St. Lawrence Youth Association</b>  <b>Level 3 &amp; 4</b></p>	<p><b>Intensive Support and Supervision Program</b> - The ISSP is a sentencing option under the YCJA. It is an alternative to custody that provides intensive services</p>	<p>The ISSP serves six county regions including: Hastings,</p>			

	<p>in a community setting to youth with serious mental health issues who would likely have been sentenced to custody but can be appropriately supported and supervised in the community. The ISSP Specialists are supervised by a psychologist and work with the youth and the family to implement individualized programming that target areas that reduce the likelihood of recidivism. The program provides clinically proven and skill oriented programming, mental health stabilization, crisis support, advocacy and liaises with community agencies such as CAS, Children’s Mental Health Services, doctors, schools, and youth justice agencies.</p>	<p>Prince Edward, Lennox &amp; Addington, Frontenac, Lanark and Leeds &amp; Grenville.</p>			
<p><b>Victim Services of Leeds &amp; Grenville</b></p>	<p><b>Supporting Teens at Risk (STAR) Program</b> - The S.T.A.R. Program provides direct services to adolescents and is aimed to</p>	<p>Brockville, Prescott</p>			



<b>Level 2 &amp; 3</b>	<p>improve the health and wellness of youth who are struggling with victimization and trauma as well as those already in the justice and social services based systems. The primary focus for this program is prevention of revictimization, positive mental health promotion with some overlap into substance and / or alcohol use or misuse. The STAR Program is based on the premise that allows youth to make decisions about their health and their future based on accurate, timely information and immediate support services that highlight community options, practical assistance, information and resources regardless of choice. Elements of the program specifically target resiliency factors through formal education activities, information and awareness activities, ongoing support,</p>				
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	<p>community based connections through community programs, volunteering / service work and / or extra-curricular activities and skill building around areas of coping and problem solving. Stigma and related victim blaming are actively addressed through formal education and ongoing supports. The program is open to all youth regardless of gender or orientation however it specifically targets victims of crime and trauma since they often have a number of barriers to overcome in order to make informed and healthy lifestyle choices and/or to engage positively with community supports. The S.T.A.R. Program has been a pilot project of Victim Service's since 2011 where it was delivered in a limited capacity within the largest urban school setting. It is currently operational in Thousand Islands Secondary</p>				
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	School, Brockville Collegiate Institute and South Grenville District High School. We do work within St. Mary's within a limited capacity and on invitation only.				
<b>Victim Services Lanark County Level 2 &amp; 3</b>	<b>Victim Quick Response Program - VQRP</b> if approved provides safety expenses up to \$1000.00, counseling up to \$1000.00, funeral expenses up to a max for homicide victims, transportation to counseling expense. 30 cents per km up to \$250.00 to victims of a serious crime within 45 days and 90 days for counseling.	Smiths Falls, Lanark, Leeds and Grenville			
<b>SADV Advisory Committee Level 1</b>	<b>Workshops and Education - Could this be Love?</b> Conference to educate youth about healthy relationships with a focus on abuse.	Perth but students are bused from CP, Almonte and Smiths Falls			
<b>Victim Witness Assistance Program –</b>	<b>Court preparation -</b> Provision of counselling and therapy (brief or longer) for those ages 16+ with a	Lanark Leeds and Grenville			

<p><b>Level 2</b></p>	<p>mental illness or mental health challenge. There are walk-in days at Brockville, Prescott, Kemptville, Gananoque, Delta, Smiths Falls and Lanark one day each week to take walk-ins-no wait for a 1 hour consultation. If more help is needed/desired, go through centralized intake. If not going through open access, go through Centralized Intake and get counselling.</p>				
<p><b>Leeds &amp; Grenville Interval House</b></p> <p><b>Level 2 &amp; 3</b></p>	<p><b>The Children's Witness program</b> - provides education and support to children and youth (ages 0-18) who have been impacted by domestic violence. This program provides services to clients throughout Leeds &amp; Grenville in both individual and group delivery methods. Topics of education include emotional literacy, positive expression of anger, types of abuse, responsibility for</p>	<p>Groups are offered in various locations depending on referrals. Individual services are offered on an outreach basis (i.e. in schools) close to the client's home.</p>			

	<p>abuse, safety planning and self-esteem. Individual services are catered to each client and involve additional support around personal experiences with domestic violence. Support is also provided to the parent/guardian of the children in the CWP program. This may be through brief regular contact, or through targeted programming such as Triple P.</p>				
<p><b>Lanark Interval House</b>  <b>Level 2 &amp; 3</b></p>	<p><b>The Children's Witness program</b> - provides education and support to children and youth (ages 0-18) who have been impacted by domestic violence. This program provides services to clients throughout Lanark in both individual and group delivery methods. Topics of education include emotional literacy, positive expression of anger, types of abuse, responsibility for abuse, safety planning and</p>	<p>Groups are offered in various locations depending on referrals. Individual services are offered on an outreach basis (i.e. in schools) close to the client's home.</p>			

	self-esteem. Individual services are catered to each client and involve additional support around personal experiences with domestic violence. Support is also provided to the parent/guardian of the children in the CWP program.				
<b>Brockville General Hospital Mental Health Crisis Team  And Emergency Room  Level 3 &amp; 4</b>	<b>Mental Health Crisis Team</b> - Youth who are between the ages of 16 and 18 years are also seen by Children's Mental Health of Leeds & Grenville #613-498-4844 (CMH). As a general rule, those youth who are going to be in need of ongoing, longer term services are usually serviced by BGH Outpatient services. If the youth is suffering from current psychosocial stressors which are contributing to a dip in functioning, and it is likely that the client will not need services past the age of 18, then a referral to CMH would be more appropriate.	Brockville			

	Should a client, 16 years of age require inpatient hospitalization, consult with the on call Psychiatrist as a referral to the adolescent unit in Kingston may be more appropriate than an admission to our MH inpatient unit. Children/Youth between the ages of 12-17 can also be referred to the Child & Adolescent Mental Health Urgent Consult Clinic at Hotel Dieu Hospital in Kingston.				
<b>Lanark County Mental Health Level 3 &amp; 4</b>	<b>Case Management</b> - intensive case management services to support youth in their community with face to face home visits, life skills, access to other community resources via Transitional Connector	Lanark County	16-18		
<b>Lanark County Mental Health Level 3 &amp; 4</b>	<b>Counseling</b> - short term solution focused counseling, including youth group for transitional aged youth in collaboration with Open Doors, Youth	Lanark County	16-18		

	Habilitation,				
<b>Lanark County Mental Health</b>  <b>Level 3 &amp; 4</b>	<b>Crisis intervention assessment and consultation</b> - initial referral process including face to face bio-psychosocial assessment, crisis intervention and stabilization with referral to other services and resources as identified during referral process in consultation with referral source and client needs based on client-centred approach.	Lanark County	16-18		
<b>Big Brothers Big Sisters of Leeds and Grenville</b>  <b>Level 1</b>	<b>Traditional Match Program, In School Mentoring, Kids In Care</b> - Traditional Match Program- A child in need aged 6-16 is matched with a caring adult mentor to spend 2-4 hours a week doing activities that they both enjoy/ participating in planned agency activities including monthly bus trips, activity nights and sports nights. The child and mentor form a supportive relationship.	throughout Leeds and Grenville.	6-16		



<p><b>Big Brothers Big Sisters of Lanark</b></p> <p><b>Level 1</b></p>	<p><b>Traditional Match Program, In School Mentoring, Kids In Care</b> - Traditional Match Program- A child in need aged 6-16 is matched with a caring adult mentor to spend 2-4 hours a week doing activities that they both enjoy/ participating in planned agency activities including monthly bus trips, activity nights and sports nights. The child and mentor form a supportive relationship.</p>	<p>Throughout Lanark</p>			
<p><b>Connect Youth</b></p> <p><b>Level 1 &amp; 2</b></p>	<p><b>Referral Services/Crisis Intervention</b> - Connect Youth provides one-on-one non-therapeutic support while bridging the gap in accessing services for youth when seeking mental health services.</p>	<p>South Grenville</p>	<p>14-21</p>		
<p><b>Lanark Community Programs</b></p>	<p><b>ABA program - L, L &amp; G</b> - This a short-term, group based service for children on the autism spectrum (must have an autism diagnosis) focusing on social</p>	<p>Across Lanark, Leeds and Grenville; clustered as per need</p>	<p>0-18</p>		

	skills, communication, behaviour, self-help.				
<b>Lanark Community Programs</b>	<b>Intensive Behavioural Intervention (IBI)</b> - Autism Services - We provide intensive intervention to eligible children with autism. We also provide parent education/consultation and support to families whose children are receiving services.	Services are provided in the natural environment in L, L & G	0-18		
<b>Country Roads Community Health Centre</b>  <b>Level 1, 2 &amp; 3</b>	<b>Social Work, and Early Years</b> - Individual couple and family counseling and support Early years - drop in support groups with access to nursing, dietician and social work	Portland, Delta, Elgin	0-6		
<b>Parent(s) Lifelines of Eastern Ontario</b>  <b>Level 1</b>	<b>Family Support and Navigation Program</b> - Peer support program aimed at building parents/caregivers capacity and resiliency so that they are better able to support their child. Family Navigators are all parents with lived experience, trained to provide empathic support and help in	Champlain LHIN	N/A		

	<p>navigating a complex mental health system. Offered to parents and caregivers of children, youth and young adults dealing with mental health and/or addiction issues. Confidential, bilingual Telephone helpline accessible Monday to Friday 9:00 am to 7:00 pm monthly parent peer support groups (open groups, no registration required)</p>				
<p><b>Hotel Dieu Child Psychiatry</b>  <b>Level 3 &amp; 4</b></p>	<p><b>Intensive Services</b> <b>Inpatient Services</b> -Hotel Dieu mental health has inpatient beds for the purpose of stabilization of children and youth who are experiencing acute psychiatric crisis They also have beds for inpatient eating disorder for the purpose of stabilization of children and youth who are experiencing severe eating disorders.</p>	<p>South East LHIN</p>			
<p><b>Hotel Dieu</b></p>	<p><b>Crisis Services</b></p>	<p>South East</p>			

<b>Level 4</b>	<b>Emergency Services</b> -Provide emergency psychiatric, crisis intervention and urgent services in Hotel Dieu Emergency Department	LHIN			
<b>Hotel Dieu Level 4</b>	<b>Specialized Consultation and Assessment</b> <b>-Urgent Care Program</b> Provides assessment and consultation for children and youth who have urgent mental health needs such as suicidal behaviour, abrupt decrease in mood or functioning <b>-Urgency or severity of need determines the priority for treatment</b>	South East LHIN			
<b>Ottawa Valley Family Health Team Level 2 &amp; 3</b>	<b>Counselling – SW</b> Children and youth and families can receive counselling services directly in the location where their doctor is located rather than attending the local children’s mental health agency as they may see entering a second door as a barrier to service	Almont	0-18		

<p><b>South East Community Care Access Centre-Mental Health and Addiction Nurses (MHAN)</b></p> <p><b>Level 3 &amp; 4</b></p>	<p><b>Specialized Consultation and Assessment</b>          Psychiatric nursing- expertise in managing complex diagnosis          Initiate Tele-psychiatry</p>	<p>South East LHIN</p>	<p>3-21 years registered at school (majority are high school age)</p>	<p>English</p>	<p>District School Boards &amp; partnership with hospitals and psychiatrists</p>
<p><b>South East CCAC-Mental Health and Addiction Nursing (MHAN Program)</b></p> <p><b>Level 1 &amp; 2</b></p>	<p><b>Youth /Family Mental Health Literacy</b>          Literacy around diagnosis, medication, short and long term coping strategies, other health conditions          Capacity building for schools</p> <p><b>Prevention Programs</b>          Incorporated through health literacy activities at individual client level based primarily on psychiatric diagnosis and other mental health conditions          Some presentations to build capacity and knowledge in school boards (at request of</p>	<p>South East LHIN</p>	<p>3-21 years Registered at school (majority are high school age)</p>	<p>English</p>	<p>Protocol agreement with District School Boards served in the region</p>

	individual school boards)				
<b>South East CCAC-Mental Health and Addiction Nurses (MHAN)</b>  <b>Level 1 &amp; 2</b>	Supportive short-term - counselling offered – focus on health education and interventions	South East LHIN	3-21 years Registered at school (majority are high school age)	English	District School Boards
<b>South East Community Care Access Centre-Mental Health and Addiction Nurses (MHAN)</b>  <b>Level 2,3 &amp; 4</b>	<b>Family/Caregiver Skill Building and Support</b> Health literacy activities in coping with youth mental health and addiction issues System navigation- This is a core role of the MHAN to assist students and families through system transitions Transition points highlighted by the school boards include- -Transition from inpatient/residential services to school/community services -Transition from home instruction to integrated	South East LHIN	3-21 years, registered in school (majority high school age)		

	<p>classrooms</p> <ul style="list-style-type: none"> <li>-Transition from youth to adult services</li> <li>-Transition between services, waiting for services or during service interruption</li> </ul>				
<p><b>Lanark County Sexual Assault/ Domestic Violence Program</b></p> <p><b>Level 2,3 &amp; 4</b></p>	<p>The Program supports a comprehensive and multi-disciplinary response to domestic violence and sexual assault. The Emergency Departments of the Perth and Smiths Falls District Hospitals, Carleton Place &amp; District Memorial Hospital and the Almonte General Hospital provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes immediate crisis intervention, crisis counseling, safety planning, follow-up, referrals, advocacy and forensic evidence collection. We recognize that healthcare providers have a unique opportunity as one of the first and possibly only avenues where a victim will seek assistance. We therefore have a responsibility to provide</p>	<p>Lanark County</p>	<p>Youth experiencing sexual violence or domestic abuse</p>		

	appropriate and sensitive interventions that recognize a victim's right to self-determination.				
<b>Assault Response and Care Centre of Leeds and Grenville  Level 2,3 &amp; 4</b>	The Program supports a comprehensive and multi-disciplinary response to domestic violence and sexual assault. Through BGH we provide specialized medical and nursing care to victims of domestic violence and sexual assault. This includes immediate crisis intervention, crisis counseling, safety planning, follow-up, referrals, advocacy and forensic evidence collection. We recognize that healthcare providers have a unique opportunity as one of the first and possibly only avenues where a victim will seek assistance. We therefore have a responsibility to provide appropriate and sensitive interventions that recognize a victim's right to self-determination.	Leeds and Grenville	Youth experiencing sexual violence or domestic abuse		
<b>Kemptville District Hospital Emergency</b>	ER – triaging potential Mental Health Crisis situations	Kemptville	0-18		



<b>Room</b>					
<b>Level 3 &amp; 4</b>					
<b>Carleton Place and District Memorial Hospital ER</b>	ER – triaging potential health crisis situations for all youth have a partnership with Lanark Mental Health directly in ER to service 16-18 year olds beyond triaging	Carleton Place and District	0-18		
<b>Level 3 &amp; 4</b>					
<b>Perth Smiths Falls Hospital ER</b>	ER – triaging potential health crisis situations for all youth have a partnership with Lanark Mental Health directly in ER to service 16-18 year olds beyond triaging	Smiths Falls and area	0-18		
<b>Level 3 &amp; 4</b>					
<b>Almonte Hospital ER</b>	ER – triaging potential health crisis situations for all youth have a partnership with Lanark Mental Health directly in ER to service 16-18 year olds beyond triaging	Almonte and Area	0-18		
<b>Level 3 &amp; 4</b>					
<b>Lanark, Leeds and Grenville Public Health Unit</b>	Targeted prevention through their health promoters and nurses they also provide Triple P	Lanark Leeds and Grenville	0-18		
<b>Level 1</b>					

## Section C: Local Child and Youth Mental Health Community Planning Mechanisms

This section focuses on describing local community planning mechanisms (e.g. planning tables) that have an impact on child and youth mental health, and undertaking analysis of their potential utility for the development of the CMHP and CSDP.

### C.1: Existing Planning Mechanisms (Existing mechanisms):

Process/mechanism (including frequency/timing)	Partners involved	Role of the lead agency	Purpose	Outcome/status (e.g. planning document)
Lanark Children's Planning Table	Family and Children's Services of Lanark, Leeds and Grenville Open Doors for Lanark Children and Youth Ministry of Children and Youth Services Lanark County Interval House Language Express Preschool Speech and Language RNJ Youth Services Child Development Centre (Hotel Dieu Hospital) Lanark County Community Justice Program North Lanark Community Health Centre Merrickville District Community Health Centre – Smiths Falls Big Brothers Big Sisters of Lanark County	Open Doors for Children and Youth sits on this planning table it is the planning table for Lanark County and will share any pertinent information with the ED of the Lead Agency in partnership	A community approach to have collaborative planning in place for children and youth programming, services and community needs.	Very successful working relationships and networks that support the work of children and youth services and programs.

	<p>South East Community Care Access Centre Champlain Community Care Access Centre Upper Canada District School Board Catholic School Board of Eastern Ontario Children's Resources on Wheels (CROW) including Ontario Early Years Centre (OEYC) Data Analysis Coordinator (DAC) Lanark Community Programs, including     Infant and Child Development     Early Integration     Speech and Language Development     Behaviour Development     Therapeutic Riding     Family Relief     Early Start Autism Initiative Connections Leeds, Grenville and Lanark District Health Unit Lanark Leeds-Grenville Mental Health and Addictions United Way of Lanark County</p>			
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	<p> Kelford Youth Services  OPP  Smiths Falls Police Services  Lanark County including  Lanark County  Children's Services  Youth Centre Coalition,  including  Almonte - TYPs  Carleton Place –CORE  Youth Services  Lanark Highlands - LHYC  Perth - YAK  Smiths Falls – SFDCY  The Table, Perth  representing Lanark County  Food Banks  Lanark County Housing  Corporation, representing  Housing Providers  Libraries of Lanark County,  including  Mississippi Mills Public  Library  Carleton Place Public Library  Perth and District Union  Library  Carleton Place Public Library  Smiths Falls Public Library  Lanark Highlands Public  Library  Office of the Crown Attorney  Healthy Community </p>			
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	Partnership Lanark Situation Table Mills Community Support Corporation			
Every Kid in Our Communities – Children’s Planning Table Leeds and Grenville	Assault Response and Care Centre Big Brothers Big Sisters of Leeds and Grenville Brockville and Area YMCA Brockville District Association for Community Involvement Brockville Fire Department Brockville Police Service Catholic District School Board of Eastern Ontario Children’s Mental Health of Leeds and Grenville Child Development Centre- Hotel Dieu South East Community Care Access Centre Community Living North Grenville Community Primary Health Care Country Roads Community Health Care Developmental Services of Leeds and Grenville Employment and Education Centre Family and Children’s Services of Lanark Leeds and	Children’s Mental Health of Leeds and Grenville ED is co- chair of this planning table, it is the planning table for Leeds and Grenville County	A community approach to have collaborative planning in place for children and youth programming, services and community needs.	Very successful working relationships and networks that support the work of children and youth services and programs.

	<p>Grenville  French Catholic School  Board of Eastern Ontario  Girls Inc.  Infant and Child Development  Interval House of Leeds and  Grenville  Justice – Probation  Leeds Grenville Lanark  District Health Unit  Libraries  Markee Consulting  Merrickville Community  Health Centre  Ministry of Child and Youth  Services  RNJ Youth Services  Safe Communities Canada  Safe Communities Coalition  of Leeds and Grenville  St. Lawrence College  Lanark Leeds and Grenville  Mental Health and Addictions  United Counties of Leeds and  Grenville  United Way of Leeds and  Grenville  Upper Canada District School  Board  St. Lawrence Volunteer  Bureau</p>			
Best Start Lanark County	Family and Children’s Services of Lanark, Leeds	One of the Director of Services from Open	A community based working	Very successful working

	<p>and Grenville  Open Doors for Lanark  Children and Youth  Ministry of Children and  Youth Services  Language Express Preschool  Speech and Language  Child Development Centre  (Hotel Dieu Hospital)  North Lanark Community  Health Centre  Upper Canada District  School Board  Catholic School Board of  Eastern Ontario  Lanark County Childcare  Centres  Children's Resources on  Wheels (CROW) including  Ontario Early Years Centre  (OEYC)  Data Analysis Coordinator  (DAC)  Lanark Community  Programs, including      Infant and Child  Development      Early Integration      Speech and Language  Development      Early Start Autism  Initiative  Connections</p>	<p>Doors co-chairs this  working committee of  the Lanark Children's  Planning Table. This  information is shared  readily with the Lead  Agency.</p>	<p>group that allows  for discussions  and planning on  the specific  demographic of  children aged 0-6  within the  communities of  Lanark County.  Collaborative  programming often  developed at this  table.</p>	<p>relationships and  networks that  support the work of  services and  programs for  children aged 0-6.</p>
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	<p>Leeds, Grenville and Lanark District Health Unit, including  Healthy Babies  Healthy Children  Lanark County including  Lanark County  Children's Services  Libraries of Lanark County, including  Mississippi Mills Public Library  Carleton Place Public Library  Perth and District Union Library  Carleton Place Public Library  Smiths Falls Public Library  Lanark Highlands Public Library</p>			
<p>Best Start Leeds and Grenville Counties</p>	<p>Lanark Community Programs  Brockville District Association for Community Involvement  Brockville and area YMCA  Catholic District School  Board of Eastern Ontario  Child Development Centre  Hotel Dieu  Children's Mental Health LG  Conseil des écoles catholiques du Centre-Est  Country Roads Community Health Centre  Family and Children's Services</p>	<p>One of the program directors from CMHLG co-chairs this working committee of the Leeds and Grenville Children's Planning Table.</p>	<p>A community based working group that allows for discussions and planning on the specific demographic of children aged 0-6 within the communities of Leeds and Grenville Counties. Collaborative programming often</p>	<p>Very successful working relationships and networks that support the work of services and programs for children aged 0-6.</p>



	<p>Inclusive Childcare Program  DSL  Infant and Child Development Program  The Learning Partnership  Leeds-Grenville Lanark Health Unit  Leeds-Grenville Libraries  Ministry of Education –Early Years Division  More than Just Babysitting  North Grenville Preschool Coop  Regional French Language Network  The Childrens Centre John Bosco (Ange Gabriel)  Preschool Speech and Language  United Counties of Leeds Grenville  Upper Canada District School Board  Triple P  Every Kid in our Communities</p>		developed at this table.	
Leeds Wellness Table	<p>Brockville General Hospital  crisis  LLG Mental health and addictions  Health unit  OPP  Fire</p>	Participant	Looks at cases of elevated risk that currently do not have community agencies attached. Non identifying overview of case	Showing early promise – newly developed process

	Brockville police victim services CMHLG Gananoque Police		is provided and partners that feel that they can provide support are identified. Plan is created and implemented	
Youth Justice Partners Leeds Grenville	RNJ Youth Services Open Doors for Lanark Children's Mental Health Leeds and Grenville , Mental Health and Addictions of Lanark Leeds & Grenville Brockville Police Service Gananoque Police Services Smiths Falls Police Service Developmental Services of Leeds and Grenville Lanark Community Programs Family and Children's Services of Lanark, Leeds and Grenville OPP – Grenville County OPP – Leeds County OPP – Lanark County	Signing partner of MOU, community partner	Develop, improve and sustain the ability to implement the YJLI intervention; agencies and organizations need to commit to implementing the intervention, commit to clear roles and responsibilities for all participants and commit knowledgeable and appropriate staff/services to deliver the intervention. The partner organizations are committed to ensuring the continuity of care for youth (ages 9	Instrumental in the development of the intersections program – great forum to discuss youth justice concerns in the community and how it can interconnect with other service provisions within the community.

			<p>to 17) with suspected mental illness and/or addictions issues, who are at risk of becoming justice-involved, who may be accessing services across and between sectors.</p> <p>The partner organizations are committed to being flexible in their service delivery models and mandates to respond effectively to the needs of youth and families who are entering the YJLI intervention. The partner organizations are committed to working collectively to strengthen the long term sustainability of the YJLI intervention.</p>	
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ASD Committee	Lanark Community Programs, IBI, Autism Ontario, UCDSB, DSCL, CDSBEO, Children's Mental Health Leeds and Grenville, CDC Hotel Dieu,	Community partner	The committee assists in the ongoing development of a local work plan for the broader committees that incorporate services for children on the autism spectrum, and their families. The committee identifies gaps, overlaps or challenges in the community as well as opportunities for collaboration that enables partner agencies to better meet the needs of children and families in our community. The committee is dedicated to best practice strategies using evidence based information.	ASD Where to Turn to for Supports Document working exceptionally well both in written and online format.
Intersections Committee	Brockville Police, Gananoque Police, OPP, Smiths Falls	Participant	Intersections is an early intervention	Protocol is showing great success.

	Police, CMHLG, DSLG, Open Doors, RNJ youth Services, Mental Health and Addictions for Lanark, Leeds and Grenville, FCS		program that focuses on navigation and coordination of services for youth with suspected mental health, developmental disabilities and/or substance use issues, who are at risk of becoming justice involved, in order to improve well-being and reduce involvement with police services.	
Mental Health and Addictions Coalitions	Royal Ottawa Hospital Brockville General Hospital Lanark Leeds and Grenville Mental Health and Addictions Children's Mental Health of Leeds and Grenville Long Term Care Facilities Lanark Mental Health Perth Smiths Falls Hospital Centre for Addictions and Mental Health Kemptonville District Hospital Developmental Services Open Doors	Participant	The Lanark, Leeds and Grenville Coalition facilitates the operation and improvement of a network of organizations concerned and involved in the provision of mental health and addiction services.	Very successful planning table and discussion forum

Mental Health and Addiction Protocol Committee	Cornwall Community Hospital Valoris Open Doors CDSBEO CCAC Hawkesbury Hospital UCDSB RNJ Youth Services Lanark, Leeds and Grenville Addiction and Mental Health Children's Mental Health of Leeds and Grenville	Participant	A committee that is working on a Mental Health and Addictions Protocol to be used within the school setting that allows for seamless referrals to the appropriate community supports	Very Successful planning table – these partners have already seen success in the development of the Suicide Prevention Protocol
North Leeds Service Providers Committee				
FASD Committee	Upper Canada District School Board Catholic District School Board of Eastern Ontario Lanark Leeds and Grenville Health Unit Family and children's Services of LLG Child Development Centre Developmental Services of Leeds Grenville RNJyouth services probation services Open Doors for Children and Youth Children's Mental Health of Leeds and Grenville	Was instrumental in launching the committee	Improve awareness, education, planning and resource sharing regarding this high risk population which often falls "between" services.	Very successful committee with regards to identifying and discussing challenges facing this group of individuals.

Situational Table Lanark County	OPP SF Police Family and Children's Services of LLG Lanark Mental Health Health Unit of LLG Youthab Upper Canada District School Board Catholic District School Board of Eastern Ontario Interval House of Lanark	participant	Keep families intact - Service to divert families from critical incidents	Showing early promise as this is a newly developed process
Developmental Assets Committee	Volunteer Bureau EKIOC Brockville Police Services Girls Inc. Developmental Services of L & G Brockville City Council members Private citizens CMHLG	Participant	Coordination and promotion of developmental assets initiatives in Leeds and Grenville.	
Thousand Islands Health Link	Upper Canada Family Health Team Brockville General Hospital Lanark, Leeds and Grenville Addictions and Mental Health Various Physicians and Family Health Teams CCAC Community and Primary Health Care Lanark, Leeds and Grenville	Participant	Community Health Links improve care for high-needs patients by strengthening collaboration between health care providers.	Showing success at linking the physicians to valued community supports and services for their clients.

	Health Unit St. Lawrence Lodge CMHLG			
Triple P community working group	Leeds, Grenville & Lanark LLG Health Unit Developmental Services of L&G Family and Children's Services of Lanark, Leeds & Grenville EKIOC United Counties of Leeds and Grenville Brockville Police Services CMHLG	Participant	Coordination and promotion of Triple P Programs in Leeds and Grenville.	Successfully ensure that all levels of Triple P is offered in the communities of Leeds and Grenville.
Youth Service Providers LG	EKIOC Catholic District School Board RNJ Youth Services Brockville General Hospital Employment and Education Centre Girls Inc. Leeds, Grenville & Lanark District Health Unit Brockville Police United Counties of Leeds and Grenville Interval House LG Upper Canada District School Board CMHLG	Participant	Ensures that programs/services for youth and families are planned and delivered in an integrated manner.	Successful working group.



<p>Special Needs Strategy</p>	<p>Parents  Pathways for Children and Youth (AIP Lead Agency)  Child Development Centre,  Hotel Dieu Hospital  Ottawa Children's Treatment Centre  Lanark Renfrew Health &amp; Community Services  Champlain Local Health Integration Network  South East Local Health Integration Network  Champlain Community Care Access Centre (CCCAC)  South East Community Care Access Centre (SE CCAC)  Catholic District School Board of Eastern Ont (CDSBEO)  Upper Canada District School Board (UCDSB)  Conseil des écoles catholiques du Centre-Est (CECCE)  Brockville and District Assoc. for Community Involvement  Developmental Services of Leeds &amp; Grenville  Brockville General Hospital  Language Express Preschool  Speech and Language Program -  Leeds Grenville &amp; Lanark</p>	<p>Participant</p>	<p>A strategy to have a coordinated process for addressing the needs of children and youth with complex special needs</p>	
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	District Health Unit CHEO Children's Mental Health of Leeds and Grenville Open Doors Champlain Complex Care Program			
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**C.2: Existing Planning Mechanisms (Analysis of mechanisms):**

**Analysis of community planning mechanisms:**

Based on the information described above, please consider the following and provide an analysis of the appropriateness and effectiveness of existing mechanism to support community mental health planning, and recommendations for enhancements:

- Is there a range of mechanisms that support planning at the local level?
- Do any of these mechanisms bring together all key sectors involved in the continuum of child and youth mental health services, including:
  - Youth and families;
  - Child and youth mental health service providers;
  - District School Boards;
  - Hospitals;
  - Primary Health Care;
  - Public Health;
  - Child Welfare;
  - Youth Justice;
  - Specialized Services; and
  - Early Years.
- Does the identified mechanism(s) have the support and confidence of community partners?
- Does the identified mechanism(s) have the demonstrated capacity (i.e., knowledge, expertise) to identify concrete priorities that will result in real change?
- Does the identified mechanism(s) incorporate the perspective of youth and families?
- Is the identified mechanism representative of diverse population groups in the service area? For example, does the planning table have adequate representation from members who can speak about the specific needs of the families

living in rural/northern areas, the francophone community in areas designated for French language services or Aboriginal communities.

Please provide a summary of the analysis and identify recommended changes needed to ensure there are appropriate processes to support community planning around the full continuum of child and youth mental health services, and the development of transparent pathways to, through and out of care.

Summary of Analysis:

Lanark, Leeds and Grenville have chosen to make community collaboration at priority as evident by the vast number of community planning tables, committees, working groups and coalitions. Community partners work hard to ensure that planning processes are not duplicated through the creation of new tables. Most community partners sit at the larger planning tables and can direct issues to the right working groups and groups are always willing to have new partners join if efforts and interests align. We are all aware we are unable to service youth in silos and have actively worked to ensure that the community is supported through needed community networks that foster working together. At this time CMHLG does not feel that new tables need to be created to meet the needs of children's mental health planning in the future but rather believe that it will be important to ensure that representation on valued committees are maintained. Work that has been identified through the community priorities (Service Coordination, Crisis Support and Youth Addictions) will be completed at the various working groups that are already in place with the addition of a few working sessions with specific stakeholders to ensure that all relevant stakeholders are present. However the Community Mental Health Plan Steering Committee will also be used to ensure that we have a planning mechanism where there is regional representation across Lanark, Leeds and Grenville as we move forward addressing these three key priorities.

Recommendations:

1. CMHLG will continue to look for opportunities where committees could benefit from being tri-county so that mental health planning is completed from a regional perspective. For this reason they will also maintain the recent development of the Community Mental Health Plan Steering Committee to ensure that there is a mechanism to pull all stakeholders together from across the region.
2. CMHLG will work with their various committees and tables to express the importance of having client representation on tables, committees and coalitions that are used for planning programs and services.