



Moving on Mental Health - MCYS System Transformation

What does it mean for
Lanark, Leeds and Grenville
Staff Presentation

December 10 & 11, 2015

Key Messages

- Finding mental health services for children and youth in other parts of Ontario can be difficult, confusing and time-consuming as much of the province is fragmented in service provision compared to the South East Region

Key Messages Continued

- That is why Ontario is strengthening the community-based child and youth mental health system, so that parents and youth will know what child and youth mental health services are available in their communities, and how to access them, creating clear pathways should they move.

Key Messages continued

- The ministry has identified geographical service areas across Ontario. Lead agencies in each service area will ensure children, youth and families across the province have access the same core services and clear pathways to care.

Key Messages continued

- All lead agencies will work with their community partners to strengthen the community-based child and youth mental health system to ensure families, children and youth have access to the services they need, when they need them, as close to home as possible.

Key Messages continued

- The priority for lead agencies in their first year will be to engage in the necessary leadership and planning activities that will set the stage for system change. There will be no abrupt changes to core service delivery in any service area.
- Creating a more responsive and integrated system for children and youth is part of the Ontario Comprehensive Mental Health and Addictions Strategy's ongoing commitment to helping children and youth with mental health issues.

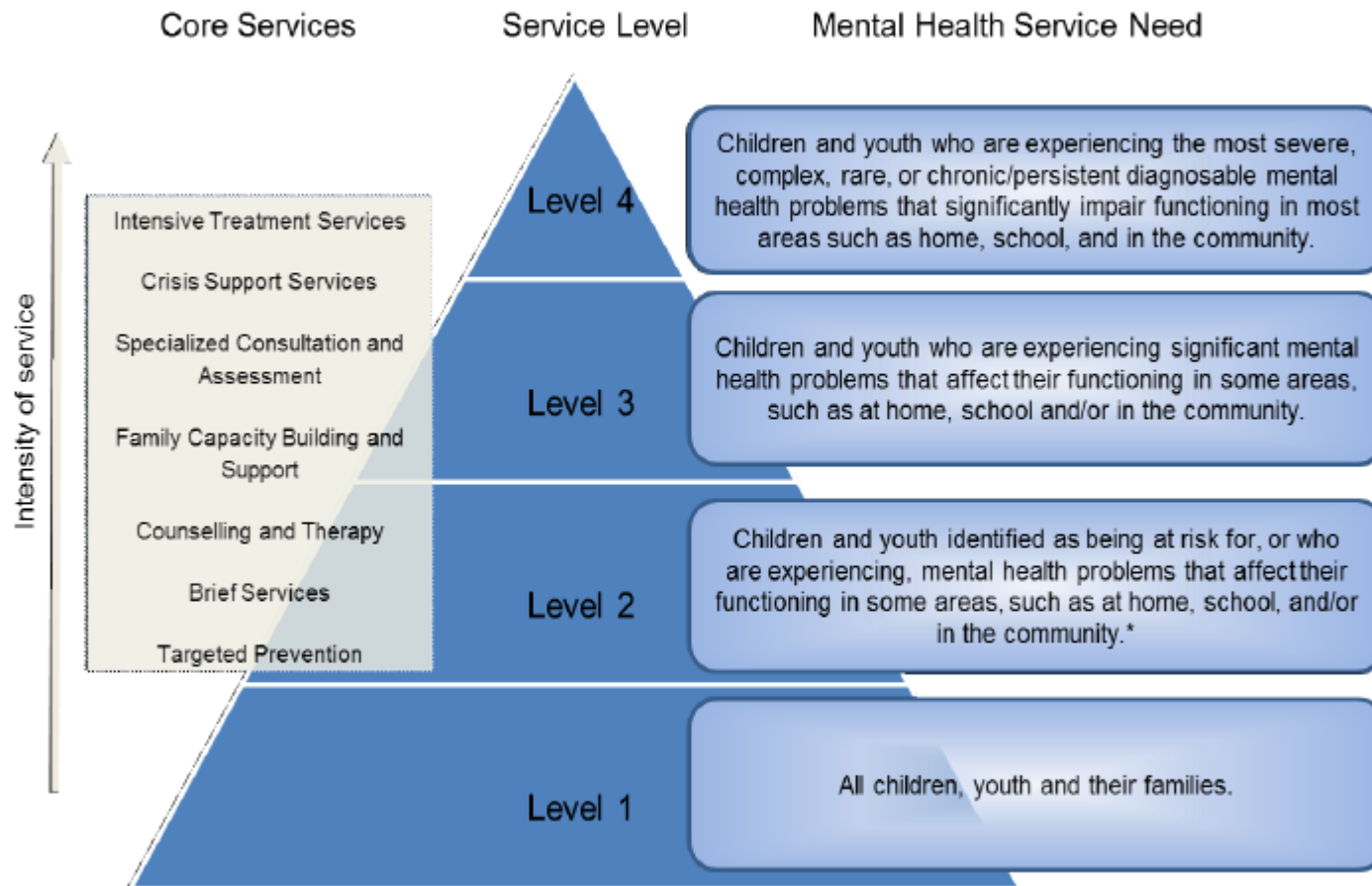
Recent MCYS Updates

- 6 million towards core services across the province
- Lanark, Leeds and Grenville, \$77,000 towards our core services and we are looking at furthering our partnership with our school boards
- Program Identifier – Child and Youth Mental Health Services Ontario

Core Services

- Targeted Prevention
- Brief Services
- Counselling/Therapy Services
- Family/Caregiver Skills Building and Support
- Specialized Consultations and Assessment Service
- Crisis Services
- Intensive Treatment Services

Figure 1: Continuum of CYMH Needs-Based Services and Supports



* Includes members of a group that share a significant risk factor for a mental health problem(s).

Increased Accountability and Dependability on Data

- MCYS has continued to make accountability and the integrity of data a priority
- Data will be compared across the province to set priorities and make funding decisions
- CMHLG and Open Doors are dedicated to continuous quality assurance and quality management plans

Youth and Parent Engagement

- Youth and Parent engagement is a priority for both the Core Service Delivery Plan and the Community Mental Health Plan
- We will be working with the Centre of Excellence to support the development of an engagement plan
- We are dedicated to working with partners who already have engagement plans in place such as EKIOC Youth Engagement Squad

Additional Information

- MCYS emphasized that the first year of implementation “Is a period of assessment, collaboration and learning for all”
- The system transformation team also shared that the primary mandate for the Centre of Excellence has changed to support for the lead agencies

Community Mental Health Plan

- Develop a Community Mental Health Plan, in partnership with other sectors, such as health and education
 - Will be meeting with community partners to talk to them about services they provide on the mental health continuum from targeted prevention to treatment
 - Eligibility criteria, wait-times, service modalities and discharge processes are of importance
 - Build on existing Nexus data that is available and will be sending an additional survey

CMHP continued

- Development of a Community Mental Health Plan Advisory Committee – January 2016
- Identify three key priorities for children's mental health services within the community
- Begin to address these priorities for the next 2 years in partnership with community partners

Core Services Delivery Plan

- 1) Develop a Core Services Delivery Plan in partnership with other CYMH core service providers in the service area for Ministry review and approval
 - A scan of what core services are offered in the service area and identifying gaps such as special needs, age, geography etc.
 - We have 4 Core Service Providers in our service area that we will be working with

What does this mean to you?

- Client services will continue to be a priority
- Management teams are dedicated to ensuring that staff are aware of progress in the service area on system transformation
- Staff will have opportunities throughout the process to share their perspectives to help shape system transformation work in Lanark, Leeds and Grenville

What are we going to look at today?

- Strengths of the agency
- Identification of gaps within the core services across the community

Small group discussions and an opportunity to share with the whole staff body

What would we like to know?

- What are the strengths of this agency?
 - **As front line staff what strengths would you identify in your agency?**
 - **What agency strengths have clients appreciated or complimented?**
 - **What agency strengths have community partners appreciated or complimented?**

What gaps are facing clients receiving mental health services in our community?

- What challenges do you face as front line staff navigating services for your clients? Within the agency? With Community Partners?
- What challenges do clients identify when receiving service?
- What challenges do community partners share with you during referrals or case coordination?

Next Steps

- We will be collecting similar information from community partners, youth and parents to gain a comprehensive picture of children's mental health services across Lanark, Leeds and Grenville
- We will be having a joint all staff day to present this information and collect feedback

Any Questions?

