



# Childrens Mental Health of Leeds & Grenville



## Consent to Transmit Information via Text Message or Email

Client Name: \_\_\_\_\_ Client ID: \_\_\_\_\_

I am requesting and agreeing to the use of text messaging as a way to communicate with my worker at CMHLG.

My worker and I have discussed the following. I understand the information and agree with the following:

- Text messaging and email must be used with caution.
- I am aware that text messaging and email are not confidential and all information transferred by text or email becomes the property of the cellular service provider, falling under the cellular service provider's policies and legislative requirements regarding information.
- I understand that my worker does not monitor the cellular phone for texts or emails regularly and not at all during non-working hours.
- Text messaging and emailing my worker will not provide an immediate response. If I need to reach my worker quickly (to request help or services in time of emergency or crisis) I will telephone CMHLG during working hours of 8:30am to 4:30pm. If I need assistance in crisis after hours I will call or text the Kids Help Phone at 1-800-668-6868 or use their online chat function at <https://kidshelpphone.ca>.
- Text messaging and email with my worker should only be used for planning, confirming, canceling and rescheduling of appointments.
- Text messages and email should not include personal information

"Texting" includes: text messaging, e-mail, video chat via cellular phone and any other related cellular phone communications.

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_

Parent / Guardian (where applicable): \_\_\_\_\_ Date: \_\_\_\_\_

Worker / Witness: \_\_\_\_\_ Date: \_\_\_\_\_

This consent ends upon service completion or earlier upon request

Date of requested withdrawal of consent: \_\_\_\_\_