



Interested in giving back to your community?

Join our Board of Directors

We are a family centred agency that uses strength-based approaches to provide mental health services to children and youth 0 to 17 years of age, and their families. We believe that each individual and family has the ability and capacity to make change in their own lives. We work closely and collaboratively with our community partners to meet children's needs. Children's Mental Health of Leeds & Grenville is accredited through Children's Mental Health Ontario.

1 in 5 children struggle with mental health challenges.

Join us in helping children and youth to reach their full potential!
Services provided in 5 community offices; Brockville, Gananoque, Kemptville, Prescott and Elgin.

CMHLG Vision Statement



Children, youth and families are empowered, resilient and mentally healthy.

Possible skills or expertise of volunteer board members:

- Experience with board or community organizations
- Experience in a leadership role and strategic planning
- An understanding of or interest in children's mental health
- An equity seeking lens and anti-oppressive approach to governance.

We welcome all interested individuals, particularly representatives from equity seeking communities, including:

- Members from Indigenous communities, including First Nations, Inuit, Metis and Indigenous communities
- Members of the Black community and people of color
- Individuals who identify as LGBTQ2S+
- Varied religious or spiritual faith groups
- Individuals with visible and invisible disabilities
- Other members of equity seeking or marginalized communities

